

## My Mom's Banana Bread

2 cups Flour  
1/2 teaspoon Baking Powder  
3/4 teaspoon Baking Soda  
1/2 teaspoon Salt  
1 teaspoon Cinnamon (optional)

1/2 cup Butter or Margarine  
3/4 cup Sugar

2 Eggs, beaten  
1 teaspoon Vanilla  
1/4 cup Sour Milk  
1 cup Banana, mashed

1 cup Walnuts, chopped or chocolate chips (optional)

Mix the first 5 ingredients and set aside.

Cream the butter and sugar.

Mix in the next 4 ingredients.

Stir in the dry ingredients.

Mix in the nuts or chocolate chips, if using.

Pour into a greased loaf pan.

Bake at 350F for 1 hour.

**Mini muffins:** Sprayed pans @375F for ~19 minutes, makes about 44 if using nuts.